



# Mein Wochenplan

Mo

Blank grey bar for Monday's meal plan.

Di

Blank grey bar for Tuesday's meal plan.

Mi

Blank grey bar for Wednesday's meal plan.

Do

Blank grey bar for Thursday's meal plan.

Fr

Blank grey bar for Friday's meal plan.

Sa

Blank grey bar for Saturday's meal plan.

So

Blank grey bar for Sunday's meal plan.

# Einkaufsliste

Horizontal lines for writing a shopping list.

